

# **Sports Nutrition in Switzerland**

September 2022

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#### Sports Nutrition in Switzerland - Category analysis

#### **KEY DATA FINDINGS**

#### 2022 DEVELOPMENTS

Sports nutrition benefits from health and wellbeing trends as a higher number of consumers take up regular exercise Widening distribution supports growing mass consumer appeal Specialists regain traction and e-commerce continues to establish itself, especially for repeat sales

#### PROSPECTS AND OPPORTUNITIES

Widening awareness and distribution will support sales over the forecast period Domestic Sponsor Sport Food maintains company lead, whilst Active Nutrition's PowerBar shows rising competition Growing competition from fortified and functional foods expected

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